

**Friday 9th March 2018**

from **9:30 to 16:30**

at **The Bield at Blackruthven, Blackruthven House, Tibbermore, Perth PH1 1PY**

Cost: £57/£47 for Trellis members (including lunch and refreshments)

Come and join us for the Trellis' 12<sup>th</sup> annual therapeutic gardening conference.

It's for everyone interested in the benefits of gardening. It's an interactive learning event with workshops, garden project showcases and stalls.

This is a unique opportunity to make new contacts and share knowledge, skills and ideas with fellow therapeutic gardeners and health practitioners.

Be Inspired!



In response to demand even more workshops, networking time and showcases to enjoy

Showcases: Jan Moffat, NHS Borders -Space to Grow, Huntlyburn Psychiatric Ward; Rab Hayes, Scottish Prison Service, HMYOI Polmont - Cultivating Futures.

**Gardeners Question Time Panel** with Jim McColl, MBE ... **Growing Vegetables in Polytunnels** with Anthony Hovey... **Fruit & Vegetables in Scotland** with Ken Cox ... **Including people with Dementia in your Garden Project** with Sarah Noone...**The Bield Walled Garden Tour** with Mike Williams... **Assessing Abilities & Adapting Gardening for those with Learning Difficulties** with Norma Forbes ... **Therapeutic Benefits of using the John Muir Award** from Cyrenians at the Royal Edinburgh Hospital... **Gardening for Butterflies & Bees** with Anthony McCluskey... **Adaptive Garden Design** with Karen Laing... **Winter Activities & Craft/Recycling** with Trellis ... **Benefits of gardening for people affected by cancer** from Move More

Stalls including: The Horticultural Trades Association; The Caley: Grow & Learn; Horatio's Garden; Greenspace Scotland; Keep Scotland Beautiful; Scottish Heritage Fruit Trees; FCFCG; Move More ...



For more information and to book a place visit

<http://www.trellisscotland.org.uk>

Email [info@trellisscotland.org.uk](mailto:info@trellisscotland.org.uk) or call us on 01738 624348

A FREE bus will run from Perth Railway Station to the venue, see booking form for more details.