



DIY SEED MATS

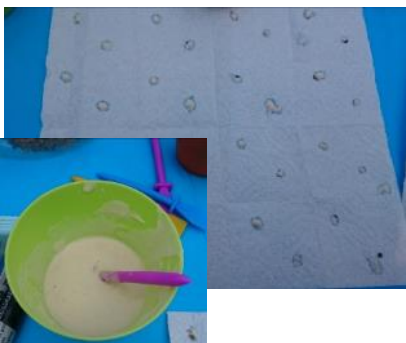
WHAT YOU WILL NEED:

- Kitchen roll or 1 play napkins (2 sheets per mat)
- Marker pen
- Flour glue (1 part flour to 1 part water)
- A glue stick or coffee stirrer and container for the flour glue
- Seeds: any type: carrots, radishes, wildflowers etc



STEP 1

Take a sheet of kitchen roll and either mark where you want your seeds to go if you want to create a pattern or fold it in half, and half again til you have 12 'boxes', then unfold it and place 1-2 marker dots in each box.



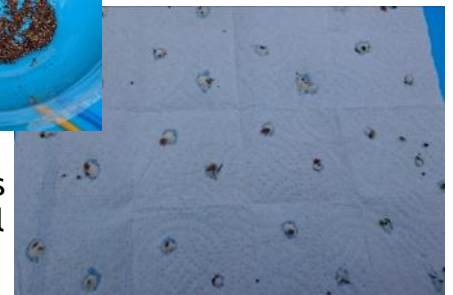
STEP 2

Mix your flour and water (1 part flour to 1 part water) in a container so that you have a 'glue-like' consistency. Take your glue stick and dot the glue where you have marked your sheet of kitchen roll.



STEP 3

Place your chosen seed onto the glue dots (only a couple of seeds are needed per dot) then place a second sheet of kitchen roll over the top and gently press down on the seeds.



STEP 4

Allow your seed mat to dry before rolling or folding it up. The mats can be stored for a few weeks before planting. When you are ready, simply lay your mat onto prepared soil, cover with soil and compost and water.

Then wait patiently for nature to do her thing!