** Trellis Conference**

**Friday 13 March 2020**

At

The Bield at Blackruthven, Perth PH1 1PY

Contact for venue on the day: George Bosworth, mobile 07598 141 843

Trellis mobile 07770 724399

**PROGRAMME**

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| All  day | **Stalls** CALEY ⮚ Elmwood College ⮚ Keep Scotland Beautiful ⮚ Growforth ⮚ Homelands-Fife⮚ Aberdeenshire Projects  **Twitter** Tweet your thoughts from the conference - use **#Trellicon2020** | | | | | |
| 09:00 | **Registration open & choose your workshops** | | | | | |
| 09:30 | **Coffee & croissants/scone** Please arrive promptly to make your workshop choices | | | | | |
| 10.15 | **Welcome address** | | | | | |
| 10:30 | **Showcase 1 Linking Green Space and Health - Catharine Ward Thompson,** Professor of Landscape Architecture, University of Edinburgh | | | | | |
| 11:00 | **Showcase 2 Gardening for Better Mental Health - Natalie McCall**, Central Scotland Green Network Trust & The Richmond Fellowship Scotland | | | | | |
| 11:30 | **Short interval** | | | | | |
| 11:30 | **Leave for Southton workshop** | | | | | |
| 11.45 | **Workshops Round 1** | | | | | |
|  | **A** | Horticultural Masterclass | | Jim McColl | | The Barn |
|  | **B** | The Garden Cure : Using gardening to support mental health recovery | | Jan Cameron | | The House |
|  | **C** | Kindergarten: nature, nurture & well-being for your children | | Sue Palmer | | Small Meeting Room |
|  | **D** | Gardening Games & Learning for Everyone | | Sue Swallow/ Jean Gavin | | Conference Room |
|  | **F** | Art in the Garden: drawing and printing | | Ruth Nay | | The Art Room |
|  | **G** | Inspiring Community Involvement Through Gardening | | John Glover | | The Lounge |
| **11:30** | **I** | How to Use Plastics In The Garden & Still Be Green | | Norma Forbes | | Southton |
|  | **L** | Using Citizen Science in Gardening to Engage with Nature | | Kirsty Crawford | | The Chapel |
|  |  |  | |  | |  |
| 12.45 | **Buffet Lunch:** Time to network visit stalls inc book stall, notice board & explore the Bield walled garden | | | | | |
|  |  | | | | | |
| 14:00  **(13:45)**  **(13:45)** | **Workshops Round 2** | | | | | |
| **A** | | Horticultural Masterclass | | Jim McColl | Conference Room |
| **C** | | Kindergarten: nature, nurture & well-being for your children | | Sue Palmer | The Barn |
| **E** | | Limber-up with Lyndsay | | Lyndsay Crawford | The House |
| **G** | | Inspiring Community Involvement Through Gardening | | John Glover | The Lounge |
| **H** | | The Southton Technical Tour: construction, watering systems, funding - everything but horticulture! | | George Bosworth | Southton |
| **I** | | How to Use Plastics In The Garden & Still Be Green | | Norma Forbes | Southton |
| **J** | | Plastic-free Gardening | | Fiona Thackeray | Small Meeting Room |
|  |  | |
| 15:00 | **Break** | | | | | |
|  |  | | | | | |
| 15:15 | **Workshops Round 3** | | | | | |
|  | **B** | | The Garden Cure : Using gardening to support mental health recovery | | Jan Cameron | The Barn |
|  | **E** | | Limber-up with Lyndsay! | | Lyndsay Crawford | The House |
|  | **F** | | Art in the Garden: drawing and printing | | Ruth Nay | Art Room |
|  | **K** | | Get Your Project Media Savvy | | Jo Cook | Conference Room |
|  | **L** | | Using Citizen Science in Gardening to Engage with Nature | | Kirsty Crawford | The Chapel |
|  | **M** | | The Bield Garden Tour | | Pamela Grossi | Bield Walled Garden |
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| 16:15 | Round Up & thanks | | | | | |
| 16.25 | End. Shuttle bus leaves The Bield for Perth Railway Station at 16:30 prompt | | | | | |