



Poetry Inspired by Nature

This activity encourages plant identification, it stimulates thought and conversation.

Find examples of poetry inspired by nature in books, magazines, newspapers and online. Read them out to your clients, ask them to comment on whether they enjoyed it? What did they like? Does anyone have any favourite poetry they'd like to read out/have read out? Do they know any poems by heart? Here are some examples:

September by Bee Moskal, age 89

*This is September, and the trees
Are sighing softly in the breeze.
I love the gentle Autumn phase
After the chirpy Summer days.
You can keep your Mays and Junes.
Give me September's quieter tunes!*



Autumn Time

*Chilly sunrise
Crispy mornings
Rustic leaves falling
Shorter days
Cosy fire time*

Haiku poems have 3 lines, 17 syllables. Write 2 lines about something beautiful in nature; then the third line should be a surprise, possibly about something totally different.

*'An old silent pond....
The frog jumps. Silence again.
A lovely sunset.'*

Try and create your own!

For more gardening activity ideas visit <https://trellisscotland.org.uk/content/factsheets>
Need help, advice, or further information? visit our website or call 01738 624348